

Club Championship 2023/24

Road	Date
Spring 5	Wed 12th April 2023
Christleton 5k	Fri 19th May 2023
Helena Tipping 10k	Sun 23rd July 2023
Capenhurst 5k	Wed 16th Aug 2023
Flintshire 10k	Sun 22nd October 2023
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NW 10m Championship (Rhyl)	Sun 25th Feb 2024
Chester 10k	Sun 10th Mar 2024
Top Border finish	Season
XC/Trail	Date
Robbie Websters Wobbler	
Deestriders off road series top position	June - Sept 2023
Fairy Freckled Cow	
Top XC finish	Season
Club Handicap	December 2023
Top Parkrun Blitz Finish *	April-September 2023
Fell Races	Date
Manned Myfr Hill Race	Sun 28th May 2023
Up the Beast	Wed 7th June 2023
Hotfoot Up Moel Famau	Wed 14th June 2023
The Druid	Wed 5th July 2023

Green Green Grass	Wed 19th July 2023
Gyrn Gallop	Sat 22th July 2023
Clicain Mountain Race	Mon 28th August 2023
King John's Castle	Sat 9th September 2023
Ponderosa	Wed 26th September 2023
Extreme	Date
Chester Half Marathon	Sun 21st May 2023
Chester Marathon	Sun 8th October 2023
Chester Metric Marathon	Sun 8th October 2023
Jubilee Plunge	December 2023
Wrexham (Village Bakery) Half Marathon	Sun 18th February 2024
Parkrun blitz *	
Ruthin	Sat 15th April
Wepre - C25K graduation	Sat 17th June
Conway	Sat 8th July
Bala	Sat 5th August
Greenfield or Llangollen	Sat 2nd Sept